

# STROKE SURVIVORS CAN!



Restoring lives,  
Finding new directions

## OUR MISSION

Through services and supports focused on physical, emotional and mental health needs, Stroke Survivors CAN! helps stroke survivors and their families, friends, and others move on from the stroke event to life with a future complete with goals to accomplish, and dreams to achieve.

DONATE 



Executive Director, Kevin Rhinehart (left),  
takes volunteers to lunch

## INAUGURAL NEWSLETTER

Season Greetings and Merry Christmas to all stroke survivors and people who love them!

This is our very first newsletter and we hope it finds you in the holiday spirit.

It has been a busy time at SSC! headquarters and we have exciting updates to share:

### VICTORS OVER STROKE

Led by Dr. Ann Phillips, Victors Over Stroke is our second support group offered in person at Norco Meridian's conference room or online via Zoom.

This is in addition to our Aphasia, Apraxia, and Dysarthria Stroke Survivors Support Group.

### FREE RESOURCE CENTER

We are thrilled to offer resources to the stroke community and would love to see you at the office sometime! We offer:

- Books and online literature
- Referrals to professional services
- Syrebo hand rehabilitation devices
- Adaptive speech devices
- A listening ear and a community to connect with.

### MONTHLY LUNCHEON

SSC! now offers a luncheon **the first Tuesday of each month from 12:00 to 1:00 PM MST** for stroke survivors and their caretakers. Please join us at our office for wonderful company and yummy treats! Space is limited, so please RSVP to [kevin@strokesurvivorscan.org](mailto:kevin@strokesurvivorscan.org)

## CALL TO ACTION

Stroke Survivors CAN! runs entirely on donations to bring hope and empowerment to stroke survivors and the people who love them. Through the end of February, 2024, we have been generously gifted our current office space. With February approaching, it is critical we raise funds for the rent. **SSC! needs \$10,000 immediately to sign up for another year on our lease.**

If you believe in our work and would like to give back this holiday season, please consider donating to our mission.



[DONATE](#) 

## SAVE THE DATE!

### SUPPORT GROUP & LUNCHEON SCHEDULE

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#### Aphasia, Apraxia, and Dysarthria Stroke Survivors

- 1st and 3rd Wednesday of each month
- 10:30 AM to 12:00 PM MST
- [JOIN VIA ZOOM](#)

#### Victors Over Stroke

- 2nd Monday of the month
- 1:00-2:00 PM MST
- [JOIN VIA ZOOM](#)

#### Stroke survivors & Caregivers Luncheon

- 1st Tuesday of the month
- 12:00-1:00 PM

To unsubscribe, please contact  
[kevin@strokesurvivorscan.org](mailto:kevin@strokesurvivorscan.org)